

# Mid Valley Monthly

## President's Message

By David Rumsey

Unfortunately,  
our President is too busy  
to write his message  
this month!



David Rumsey and his fish



**Mid Valley Monthly** is the official monthly newsletter of Mid Valley Unit of the Backcountry Horsemen of California. It is an independent publication containing news and information consistent with the mission of BCHC and of interest to its members. Circulation is approximately 360 copies per issue.

**Editorial Team**

Vicki Morales, Kathy Zumbrunn and Gail Jamieson

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Janet@inprint1.com



**Member submissions** are encouraged and may be made by email or snail mail. We reserve the right to accept or refuse submissions and advertising that, in our opinion, do not reflect the standards of this newsletter, or are inconsistent with the objectives and purpose of the Backcountry Horsemen of California and/or Mid Valley Unit. Submissions may be edited for content, grammar, spelling, punctuation and length without consent.

*Mid Valley Monthly* is not a creative writing outlet, however, all submissions that may be of interest to its readers and reflect the standards of the newsletter, will be considered for publication at the discretion of the editor. Submitted content may be forwarded to *Backcountry News*, or any other journal, for re-publication without consent unless specifically requested.

**Deadline:** All submissions are due by midnight of the Friday following the monthly board meeting but early submissions are highly appreciated and strongly encouraged. Be sure to type "Mid Valley Monthly newsletter" in the subject line of your email message and send to [mvmmonthly@gmail.com](mailto:mvmmonthly@gmail.com). The editor reserves the right to accept, reject or hold over late submissions.  
**Mid Valley Unit Website:** [www.bchcmidvalley.org](http://www.bchcmidvalley.org)  
**Webmaster:** Ted Pack, 209-883-4192 [tedpack@fire2wire.com](mailto:tedpack@fire2wire.com)

**Merchandise Sales**

We have a lot of merchandise for everyone to choose from:



Hoodies \$35

Crew necks \$30

T-Shirts \$20



Zipped Hoodies \$40

Aprons \$20

Caps \$20

Youth prices.....same price

\*

Size pricing: (2X + \$2) (3X + \$3)



Trail Books \$10



Decals  
Large \$15 \* Small \$3

**For information on purchasing please call Stephanie Stott at Phone (209) 402-4417 Email: [HorseBiz66@yahoo.com](mailto:HorseBiz66@yahoo.com)**

**Are Your Membership Dues Due?**

By Kathy Zumbrunn



In this crazy-busy life we lead sometimes it is too hard to remember all the things we need to do. So is the case of when our Mid Valley membership is due for renewal. So I have decided to help you out! Each month I will list everyone who is due for the next two months, and if your name is listed, please fill out the membership application in this newsletter, mark it "Renewal" and send it in. This will make sure your membership keeps up-to-date and you will also make Chip Herzig's job a bit easier too!

**BE SURE TO MAKE YOUR CHECK OUT TO: BCHC MEMBERSHIP, CHECK "RENEWAL" AND SEND IT TO THE ADDRESS ON THE APPLICATION FORM.**

And if you have had any changes, such as email address, phone, etc., please note it on the renewal.

I have included the current month because if dues are not renewed, your membership will expire. Please do not let this happen. Thank you for your time and assistance.

**SEPTEMBER**

- Marlene Fultz
- Tim and Terri Holveck
- Bill and Laura Jennings
- Jennifer Latta and Harry Strawbridge
- Scott and Debra Lewis
- Royce Spears

**OCTOBER**

- Aaron Ford
- Steve and Margo Little
- Victor Pedroza

If you have already sent in your dues, please disregard, as it may have been posted after this information was sent to me for publication. Plus, if you ever have any questions or problems, please feel free to contact me and I'll help get answers for you, no matter what you need. Kathy: (209)765-4923 or [runningzranch@gmail.com](mailto:runningzranch@gmail.com)

## Quote of the Month

No philosophers so thoroughly comprehend us as dogs and horses.

Herman Melville

"There are only two emotions that belong in the saddle; one is a sense of humor and the other is patience."

-John Lyons



## Busy Sunshine month...



By Crystal Dalby

Please keep Doug Dollarhide in your prayers as he will have a heart procedure on 9/16. Although this procedure may be fairly minor, he will have a bit of recovery time. Let's also pray this procedure will give him the outcome he is seeking! Vicki Whisler lost her beloved dog Roxy to lymphoma. We're thinking of you and the loss of your fur-baby.

I am asking for continued prayers and well wishes for myself as my breast cancer fight continues. I have completed the chemotherapy without having many issues, so all prayers worked, and I thank you all! The next step in the fight is surgery, happening Sept. 17. I am NOT looking forward to this part! I am not looking forward to being out of commission for any length of time, as well as all other detrimental aspects that follow. Hoping, as with the chemo, my outcome is better than what I anticipate.

I also want to thank everyone who has sent gifts and well wishes! Every one of them mean a lot to me! Thank You - Crystal

Update: Crystal has had her surgery and is home and recuperating. Doug also had his procedure and is home and doing well. Both needs our prayers and get well wishes! ...Kathy

Thoughts and prayers go to these and all others that may not have gotten to me. If you need some sunshine sent your way, let me know. I would LOVE to hear the good also! New baby? Got married? New Job? Please let me know! Text is the best way! But you may get a hold of me any way you need!

Crystal Dalby

(209) 968-0483

Crystal\_dalby322@yahoo.com

## Membership Renewal

By Michael King

Greetings Mid Valley Unit members!

Well, here we are, just a few days away from the autumn equinox and the start of the last quarter of 2024. I remember in grammar school how that darn clock just crawled in its hour-long journey to freedom. Now that potlicker seems to race along at breakneck speed. I wonder how Einstein would explain that.



Back to the subject at hand. I wanted to let you all know that our Mid Valley Unit membership renewals and new memberships are lagging a bit lately. Currently, we are below the three hundred members threshold, which reduces our unit's representation at the state level from three, down to two delegates. Normally our membership holds at about 320, give or take a few.

BCHC never takes for granted people's disposable funds. We know that money is tight for everyone right now and budgets are stretched thin. I'm asking that you renew your membership in our unit to keep it strong for the ever-important job of keeping trails open for equestrians and hikers alike. Your continued membership is most certainly valuable and important.

Folks might want to look at the multi-year renewal opportunities that helps to save a few dollars in your pockets as well.

Thank you for reading this and sending in your membership renewals. The unit thanks you, and I personally thank you.

Happy Fall and cooler weather!

## Dutch Oven Report

By Vicki Whisler

Again, nothing much is new! Doug and Cathy Dollarhide will be hosting a DOG, either late October or early November. Details will be provided next month. Jim Westmoreland is looking into having a ride and Dutch oven event also. The only definite DOG is our annual event on New Year's Day, January 1, 2025, at Red Hills.

Enjoy the cooler weather, as I know I am!

Safety first! If you are riding, doing chores or just plain old maintenance!

To schedule a DOG: Vicki Whisler (209) 480-0566

Call or text. Please leave voice mail if you call, and I don't answer!



## Importance of Routine Dental Exams

By Dr. Annie King, DVM  
Sweet River Equine Clinic

Routine dental work is crucial for maintaining the health and performance of horses – and our horses that spend time in the backcountry are no exception. Horses with well-maintained teeth are better able to efficiently process their feed, which is essential for their overall health and well-being.

For most horses, an annual dental exam and occlusal equilibration (“float”) is sufficient to prevent common issues such as sharp enamel points. These sharp enamel points can cause ulcers and lacerations to the soft tissues in the mouth, in addition to more serious problems such as an inability to digest feed properly and even a higher risk of choke. In the backcountry, where access to veterinary care can be limited, addressing dental issues before they escalate is vital!

Performing regular dental exams, especially in our more seasoned horses, can be the secret to keeping our horses going in their best condition. An annual exam allows us to monitor changes in their mouth as they age – gaps between teeth, decaying and rotting teeth, and teeth that are expired, or smoothed down from wear. When treated early, the prognosis is often very good! However, if not addressed promptly, they may progress to a much more significant issue, requiring much more involved treatment.

So, while your horse might not be able to thank you with a bouquet of carrots, keeping up with their dental routine will certainly keep them healthier, happier, and more ready for your next backcountry adventure!



Brianna Sweet  
Office, Social Media, and Marketing Manager  
*Sweet River Equine Clinic Inc.*  
[200 Weyer Road, Modesto, California 95357](https://www.sweetriverequine.com)  
(209) 524-9191  
[briannasweetriver@gmail.com](mailto:briannasweetriver@gmail.com)

## Columbia Christmas Parade Planning Is Underway

By Barb Savery

Planning is underway for the 2024 Columbia Christmas Parade, which will be held on Sunday, December 8, 2024 at 11:00 a.m. sharp.

The team of Barb Savery, Deb and Scott Lewis and Steve and Brenda Bauhr have started work on this year's parade, which is sponsored by Mid-Valley. Invitations will be mailed in early October and posters will start popping up later in the month. It takes a Backcountry village to put this parade on, and the team is counting on Mid-Valley members to help pull it off. Thanks again to everyone who helped last year; we hope you will be able to help again this year.

Contact Barb Savery for more information.

## Mac n' Cheeze Sauce

Cashew Based - No Oil - No Soy

Created by Doug Jamieson, Vegan Chef

### Dry Ingredients:

1½ cups raw cashews (No need to pre-soak, but you can for a smoother texture)

¾ cup nutritional yeast flakes (adjust up for a cheesier flavor)

1½ to 2 tsp fine sea salt or kosher salt (adjust up/down according to taste)

1 tsp dry ground mustard (Do not omit, needed for emulsification)

1 tsp onion powder

### Wet Ingredients:

3½ to 4 cups water

2 Tbsp mellow white miso paste

2 Tbsp tomato paste

1 Tbsp raw apple cider vinegar

2 teaspoons fresh lemon juice or ½ tsp lactic acid

### Optional:

¼ tsp garlic powder

### Tips:

- For a dark and tangier sauce, add ½ Tbsp extra tomato paste,
  - If the finished sauce is too thick, to thin, add ¼ cup of water and stir/whisk, repeat until the desired consistency is achieved.
1. Combine all the ingredients into a blender jar,
  2. Pulse the blender 2-3 times, then run on high or "smooth" setting for 60-90 seconds. Remove the lid, scrape down the sides of the jar, replace the lid and blend for another 10-15 seconds. NOTE: There should be few to no cashew bits,
  3. Transfer the contents of the blender into a saucepan,
  4. Bring to a simmer over low heat (do not use a high heat, it will scald the sauce),
  5. Cook, stirring frequent (a whisk helps), as the sauce thickens increase the stirring to avoid scalding, continue cooking until thick (5-6 minutes),
  6. Taste, adjust the salt to taste,
  7. Turn the heat to SIMMER, let the sauce simmer for 1-2 minutes.
  8. Serve over noodles, pasta, baked potato, in burritos or tacos, etc.

### Storage:

Keeps in the refrigerator for about 1 week (unless it is consumed sooner by teenagers!).

### Suggestion:

The sauce is really good in burritos or use for Nachos.

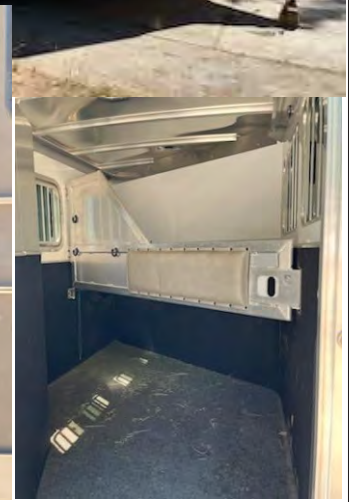




## 2023 Featherlite two-horse slant load horse trailer

Like new condition. Generous tack compartment in front, saddle rack in rear, drop down windows. Make offer.

**Call Terry Ryan  
 at (209) 928-1868**



## Clark Fork Campout and Ride

By Jim and Chris Westmoreland

On Thursday, September 5, through Sunday, September 8, sixteen members of the Mid Valley Unit of Backcountry Horsemen held a campout and ride at Clark Fork Horse Camp. The weather was perfect for riding the trails that were previously cleared by our stalwart trail clearing crews. Thank you to those hardworking and dedicated volunteers. We divided up into small groups and hit the trails, going in different directions. We rode with Vernon and Donna Storment and Gail Jamieson that first day, trying to find the shortcut to the Arnot Trail. After more than a few wrong turns and a shaky river crossing, we found the main trail. From that point it was easy going. We also rode with Nicole Jones and Seth Lacy up the easy Clark Fork Trail. Nicole didn't think it was so easy and mentioned something about not wanting to go "goat rock trail climbing" or something like that! She did great with her new horse, Bug, and we all made it back to camp unscathed. Most nights were spent by the campfire remembering the fun we'd had that day, telling stories that might have been a little exaggerated!

On Saturday evening we all gathered for a Dutch oven and potluck dinner. Many people brought two dishes, and we probably could have fed fifty people. There was tri-tip cooked to perfection by the Lacys, Wendy Scott's spinach and strawberry salad was not to be outdone, Roy Jones's chicken and stuffing main dish and probably the best Dutch oven chocolate cake I have ever eaten! Many other dishes were prepared and consumed by all. Our thanks to everyone who attended and participated in this event! Your hosts, Jim and Chris Westmoreland.





# TRAIL CHALLENGE

*“While riding on a trail, you come upon 8-10 situations.”*

## Saturday October 12, 2024



### CLASSES

**Youth  
Novice  
Intermediate  
Open  
Packer**

### Fees

**\$45 Adult  
\$35 Youth  
\$14 CDFA**

Entry secures your spot

Located at  
Diamond Bar Arena  
6055 S. Central Ave  
Ceres, California

*Camping Available  
50 Rider Maximum  
Photographer*

Sponsored by Backcountry Horsemen of California  
Mid Valley Unit



**Contact: Carlena Kellogg    209-505-0122  
Ladyroughrider1@yahoo.com**

## MID VALLEY CALENDAR OF EVENTS

For details and additional current events:  
[www.bchcmidvalley.org/calendar.html](http://www.bchcmidvalley.org/calendar.html)

**Note: All events subject to change**

### October 2024

5) State Board Meeting  
 Rolling Hills Equestrian Center, Corning, CA

8) Board Meeting at 6:30 p.m.  
 Perko's, 2120 Patterson Road, Riverbank  
 Contact: Dave Rumsey  
 (209) 532-2681 [davidsumsey@yahoo.com](mailto:davidsumsey@yahoo.com)

12) Trail Challenge at Diamond Bar Arena contact:  
 Carlena Kellogg (209) 505-0122

### November 2024

12) Board Meeting at 6:30 p.m.  
 Perko's, 2120 Patterson Road, Riverbank  
 Contact: Dave Rumsey  
 (209) 532-2681 [davidsumsey@yahoo.com](mailto:davidsumsey@yahoo.com)

### December 2024

8) Columbia Christmas Parade  
 contact: Barb Savery  
 (209) 743-3580 or [email:bj Savery@att.net](mailto:bj Savery@att.net)

10) Board Meeting at 6:30 p.m.  
 Perko's, 2120 Patterson Road, Riverbank  
 Contact: Dave Rumsey  
 (209) 532-2681 [davidsumsey@yahoo.com](mailto:davidsumsey@yahoo.com)

### SAVE THE DATE

DOG at Dollarhides date to be determined  
 More information later

### Mark your calendar for next year

July 17-20, 2025 Kennedy Meadows General meetings  
 and campout



## 2024 OFFICERS AND DIRECTORS

**President, Dave Rumsey\***  
**Spring Campout, Winter Round-Up**  
 (209) 532-2681 [davidsumsey@yahoo.com](mailto:davidsumsey@yahoo.com)

**Vice President, Barbara Riner**  
**Membership Chair**  
 (209) 402-4473 [bbaglione@gmail.com](mailto:bbaglione@gmail.com)

**Secretary, Cathy Dollarhide\*\*, Youth Horse Camp**  
 (209) 602-1489 [bootsandspur@att.net](mailto:bootsandspur@att.net)

**Treasurer, Vicki Morales\*, Newsletter**  
 (209) 404-0561 [vickimorales@sbcglobal.net](mailto:vickimorales@sbcglobal.net)

**Past President, Doug Dollarhide\***  
**Youth Activities, State Board Delegate, Youth Horse Camp**  
 (209) 605-2403 [bootsandspur@att.net](mailto:bootsandspur@att.net)

**Lloyd Erlandson\*\* — Insurance, State Board Delegate**  
 (209) 761-3942 [lloyd.erlandson0@gmail.com](mailto:lloyd.erlandson0@gmail.com)

**Nicole Jones\*, Volunteer Hours**  
 (209) 918-1665 [niccanride@yahoo.com](mailto:niccanride@yahoo.com)

**Roy Jones\*, Education**  
 (209) 272-5634 [handyroj@gmail.com](mailto:handyroj@gmail.com)

**Michael King\*\*, Alternate State Board Delegate**  
 (209) 606-8323 [mickngig@sbcglobal.net](mailto:mickngig@sbcglobal.net)

**John Marshall\*\*, Parades, State Board Delegate**  
 (209) 968-3826 [johnmarshall@icloud.com](mailto:johnmarshall@icloud.com)

**Carl Perry\*\* Volunteer Service Projects,**  
**Winter Round Up, Spring Campout**  
 (209) 321-5410 [hayloftpigeon@aol.com](mailto:hayloftpigeon@aol.com)

**Dennis Serpa\*, Volunteer Service Projects, Public Lands**  
 (209-531-5175 [dmserpa@velociter.net](mailto:dmserpa@velociter.net)

**Stephanie Stott\*\*, Facebook, Merchandise**  
 (209) 402-4417 [HorseBiz66@yahoo.com](mailto:HorseBiz66@yahoo.com)

**Jim Westmoreland \*, Peoria Flat Project Chair, Rides**  
 (209) 815-3125 [jimwestmorelandsem@gmail.com](mailto:jimwestmorelandsem@gmail.com)

**Vicki Whisler\*\*, Dutch Oven Group**  
 (209) 480-0566 [vickiwhisler@sbcglobal.net](mailto:vickiwhisler@sbcglobal.net)

## 2024 COMMITTEE CHAIRS

**Saw Program, Stanislaus Wilderness Volunteers,**  
**Youth Activities - Dave Moser**  
 (209) 404-1372 [davemoser53@hotmail.com](mailto:davemoser53@hotmail.com)

**Newsletter - Kathy Zumbrunn and Gail Jamieson**  
 (209) 765-4923 [runningzranch@gmail.com](mailto:runningzranch@gmail.com)  
 (209) 918-8869 [gail.sunshine@gmail.com](mailto:gail.sunshine@gmail.com)

**Email only newsletter, Email blasts - Dan Prine**  
 (209) 485-0844 [dyprine@aol.com](mailto:dyprine@aol.com)

**Photographer - Historian**  
**Aida Nunes**  
 (209) 620-1759 [aidaitzelnunes@gmail.com](mailto:aidaitzelnunes@gmail.com)

**Sunshine - Volunteer hours** **Crystal Dalby**  
 (209) 968-0483 [crystal\\_dalby322@yahoo.com](mailto:crystal_dalby322@yahoo.com)

**Webmaster - Ted Pack**  
 (209) 883-4192 [Tedpack@fire2wire.com](mailto:Tedpack@fire2wire.com)

# Backcountry Horsemen of California



**MAIL TO:** BCHC  
MEMBERSHIP  
1280 State Rt. 208  
Yerington, NV 89447

## MEMBERSHIP APPLICATION

**PARENT UNIT AFFILIATION: (Select and CHECK a Unit as your Affiliation)**

A Family & Youth oriented organization  
 New  Renewal  
  
 Change

- |  |   |   |   |
|--|---|---|---|
| <input type="checkbox"/> Antelope Valley   | <input type="checkbox"/> Lake-Mendo       | <input type="checkbox"/> Redshank Riders    | <input type="checkbox"/> Sierra Freepackers |
| <input type="checkbox"/> Eastern Sierra    | <input type="checkbox"/> Los Padres       | <input type="checkbox"/> Redwood            | <input type="checkbox"/> Sutter Buttes      |
| <input type="checkbox"/> High Country      | <input type="checkbox"/> Manzanita Riders | <input type="checkbox"/> San Joaquín Sierra | <input type="checkbox"/> Top of the State   |
| <input type="checkbox"/> High Sierra       | <input type="checkbox"/> Mid Valley       | <input type="checkbox"/> Santa Ana River    |   |
| <input type="checkbox"/> Kern River Valley | <input type="checkbox"/> Motherlode       | <input type="checkbox"/> Sequoia            |   |
| <input type="checkbox"/> Kern Sierra       | <input type="checkbox"/> North Bay        | <input type="checkbox"/> Shasta Trinity     |   |

DCTR (Your Membership Number): \_\_\_\_\_

MEMBER'S NAME - No Business Names, Print Clearly \_\_\_\_\_ SPOUSE/CO-MEMBER'S NAME - MUST SHARE SAME ADDRESS \_\_\_\_\_

Street Address/PO Box \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code (full 9 digits if known) \_\_\_\_\_ Area Code \_\_\_\_\_ Phone Number \_\_\_\_\_

Email Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Donation to BCHC Education Fund (Tax deductible) \_\_\_\_\_ Enclosed: \$ \_\_\_\_\_ Check No. \_\_\_\_\_

### Parent Unit Membership Types (Check One)

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> 1 Year Individual \$50  | <input type="checkbox"/> 1 Year Family \$60  | <input type="checkbox"/> Young Adult (18-25 years old) \$15                 | <input type="checkbox"/> Benefactor \$100  |
| <input type="checkbox"/> 2 Year Individual \$90  | <input type="checkbox"/> 2 Year Family \$110 | <input type="checkbox"/> Youth (12-17 years old) \$15*                      | <input type="checkbox"/> Patron \$250      |
| <input type="checkbox"/> 3 Year Individual \$125 | <input type="checkbox"/> 3 Year Family \$150 | *Youth members MUST fill out BOTH Youth Membership forms (available online) |  |
|  |  |   | <input type="checkbox"/> Mt. Whitney \$500 |

**Associate Memberships: An Additional \$15 PER UNIT is added to your Parent Unit Dues**  
Associate Memberships Unit Affiliations MAY NOT BE FOR THE SAME UNIT AS YOUR PARENT UNIT

Associate Membership for: \_\_\_\_\_ \$15/Unit  
Unit Name (from above list)

Associate Membership for: \_\_\_\_\_ \$15/Unit  
Unit Name (from above list)

\_\_\_\_\_  
Add additional choices here

**Please clip form along dashed line and keep the below portion for your records.**

### Parent BCHC Membership Types

Individual, Family, (Shared\*\*), Benefactor, Patron, and Mt. Whitney

A Parent Membership is affiliated with a single Local Unit. BCHC Members may NOT hold more than ONE active Parent Membership.

\*\*A SHARED Membership if for two adults with differing last names who share a common address.

### Associate Memberships

These special Memberships are only available to persons already holding Parent BCHC Membership. No one may sign up for an Associate Membership without 1) having registered one of the Parent Membership types, and 2) having selected Parent Unit affiliation.

### Youth Memberships

Youth Memberships MUST be accompanied by a signed Youth Membership Permission Release and Youth Parent Permission Form. A Youth Membership is NOT valid until BCHC or the Parent Unit has received signed copies of these forms.

**Complete information regarding BCHC Membership is available on the MEMBERSHIP TAB at [bchcalifornia.org](http://bchcalifornia.org) or call (775) 463-3634**

### KEEP FOR YOUR RECORDS

I submitted an Application Form for a new -

- |  |       |
|--|-------|
| <input type="checkbox"/> 1 Year Individual             | \$50  |
| <input type="checkbox"/> 2 Year Individual             | \$90  |
| <input type="checkbox"/> 3 Year Individual             | \$125 |
| <input type="checkbox"/> 1 Year Family                 | \$60  |
| <input type="checkbox"/> 2 Year Family                 | \$110 |
| <input type="checkbox"/> 3 Year Family                 | \$150 |
| <input type="checkbox"/> Young Adult (18-25 years old) | \$15  |
| <input type="checkbox"/> Youth (12-17 years old)       | \$15* |
| <input type="checkbox"/> Benefactor                    | \$100 |
| <input type="checkbox"/> Patron                        | \$250 |
| <input type="checkbox"/> Mt. Whitney                   | \$500 |

On that form, I also requested:

\_\_\_\_\_ Associate Memberships \$ \_\_\_\_\_

My Total Remittance: \$ \_\_\_\_\_

My Check Number: \_\_\_\_\_

Date Mailed: \_\_\_\_\_

### Verification of BCHC Membership

Verification of BCHC Membership is available via:

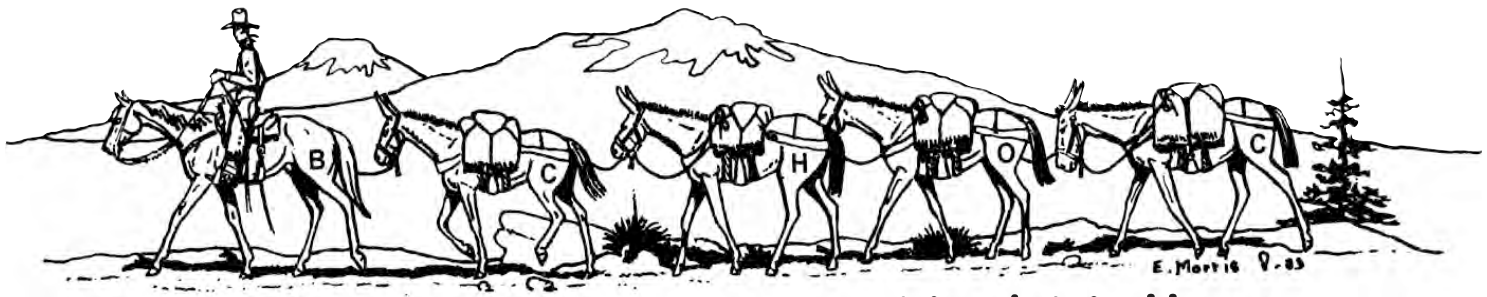
- 1) BCHC Unit President's reports
- 2) BCHC Membership Chair reports
- 3) a self addressed stamped envelope submitted with this form
- 4) a valid email address

# NEWSLETTER AD RATES

Business Card - \$5      ¼ Page - \$10

½ Page - \$20              Full Page - \$35

FOR INFORMATION CONTACT  
MVMONTHLY@GMAIL.COM



Backcountry Horsemen of California Mid Valley Unit

BACKCOUNTRY HORSEMEN OF CALIFORNIA  
Mid Valley Unit  
P.O. Box 1709  
Modesto, California 95353

ADDRESS CORRECTION REQUESTED